

## Report on the 2<sup>nd</sup> International Conference on Obesity and Chronic Diseases (ICOCD-2017)

**Reza Hakkak**

Department of Dietetics and Nutrition, 4301 West Markham St., Mail Slot 627, Little Rock, AR 72205, USA

**\*Correspondence to:**

Dr. Reza Hakkak  
Department of Dietetics and Nutrition  
4301 West Markham St., Mail Slot 627  
Little Rock, AR 72205, USA  
Tel: 501-686-6166  
Fax: 501-686-5716  
E-mail: [HakkakReza@uams.edu](mailto:HakkakReza@uams.edu)

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### Meeting Report

The 2<sup>nd</sup> International Conference on Obesity and Chronic Diseases brought together around 130 participants in the Silicon City, San Francisco to learn and discuss around the theme, “*Developing New Strategies against Obesity and its Comorbidities*”. The three day event organized at Crown Plaza Hotel, Burlingame had its inaugural on July 06, 2017.

The conference witnessed participation from 23 countries around the world, making ICOCD-2017 a global platform to share knowledge and discuss recent advancements in the field at global level. We are proud to have been able to bring together the top researchers, academicians, innovators and experts in the industry with an opportunity to interact and discuss the latest technologies and challenges in the field. There is nothing more powerful than when this elite community comes together to share ideas, research matters, and hope.

The conference started with the keynote presentation from **Prof. Reza Hakkak** (Chairman of ICOCD-2017), University of Arkansas for Medical Sciences (UAMS), USA. He delivered a lecture on “*Obesity; Breast Cancer and Liver Steatosis Protection by Weight Loss*”. It was then followed by keynote lecture by **Ms. Colleen M Cook**, CEO, Bariatric Support Center’s International, USA on “*Weight Bias and Obesity Sensitivity for Healthcare Professionals*”. The keynote session was concluded by a well renowned nutritionist and author **Dr. Joel Fuhrman** who spoke on “*Enhancing Micronutrient Density to Effectively Resolve Obesity, Food Addiction and Cravings*”. In the workshop on “*Green to Lean*” by **Ms. Jennifer Cassetta**, she compared various trends in dietary theory to show what works and what doesn’t when it comes to weight loss and long term wellness and even the sustainability of our planet. The session on “*Childhood Obesity Treatment and Prevention*” brought 7 potential speakers to discuss various treatment options and prevention methods to the world spreading chronic illness among children.

Post-lunch, the symposium on “*Molecular Mechanisms of Obesity*” was chaired by **Dr. Nina Holland**, University of California, Berkeley, USA. The lectures by her and her team brought many discussions among the delegates. The day ended with Poster Presentations by 35 candidates. Based on Scientific merits, Coherence, Awareness of previous work, Attractiveness, Self-explanatory, Text Visuals, and Overall Impression; the posters presented were judged for Best Student Poster Award. We again extend our heartiest congratulations to **Ms. Olha Pluzhnykov** from Kharkiv National Medical University, Ukraine and **Ms. Gwen Tindula** from University of California, Berkeley, USA for securing first and second position respectively.

The second day of the summit started with keynote lecture by **Dr. Kenneth Blum** from Wright State University, USA. The keynote session proceeded with talk by **Dr. Edita Stokic** from University of Novi Sad, Serbia, **Dr. M. Michael Wolfe** from Case Western Reserve University, USA and **Dr. Alejandro Gugliucci**

from Touro University, USA. The talks were then delivered by the featured speakers of the conference. The session ended after Mr. Dajdic gave a brief about the *NObesity Revolution*. After lunch break, 20 speakers had discussions on “*Chronic Diseases linked to Obesity*”, marking it as the end of the day.

The last day of obesity focused specifically on Obesity Treatment and Prevention. The lectures by 26 speakers went on with vivid discussions and interactions among delegates finding a potential cure to obesity.

The conference provided exciting opportunity to showcase the new technologies, the new products in the field of anti-obesity and the service of the industry to the global audience. We would like to show our gratitude towards such companies which helped us achieve a new height; Eating Recovery Centre, USA, TrimContour, USA, Dr. Fuhurman Health Oasis, USA and Bariatric Support Centers International, USA.

Throughout the course of this three-day event, the attendees got an exclusive opportunity to network and be involved in inspiring and interesting discussions of scientists and researchers on childhood obesity, obesity prevention and control, obesity effect on chronic diseases, new trends in surgical and non-surgical treatment of obesity and many more research topics.

We would like to heartily invite you to our upcoming 3<sup>rd</sup> International Conference on Obesity and Chronic Diseases scheduled during July 23-25, 2018 at Los Angeles, USA. We believe your extend support and presence would help us mark another milestone to this annual event.

The proceeding of the conference will be published in the Journal of Obesity and Chronic Diseases (JOCD).