Meeting Report

Open Access

Report on the 3rd International Conference on Obesity and Chronic Diseases (ICOCD-2018)

Reza Hakkak

Department of Dietetics and Nutrition, 4301 West Markham St., Mail Slot 627, Little Rock, AR 72205, USA

'Correspondence to:

Dr. Reza Hakkak Department of Dietetics and Nutrition 4301 West Markham St., Mail Slot 627 Little Rock, AR 72205, USA

Tel: 501-686-6166 Fax: 501-686-5716

E-mail: HakkakReza@uams.edu

Received: August 17, 2018 Accepted: September 03, 2018 Published: September 05, 2018

Citation: Hakkak R. 2018. Report on the 3rd International Conference on Obesity and Chronic Diseases (ICOCD-2018). *J Obes Chronic Dis* 2(2): 55-56.

Copyright: © 2018 Hakkak. This is an Open Access article distributed under the terms of the Creative Commons Attribution 4.0 International License (CC-BY) (http://creativecommons.org/licenses/by/4.0/) which permits commercial use, including reproduction, adaptation, and distribution of the article provided the original author and source are credited

Published by United Scientific Group

United Scientific Group (USG) would like to extend thanks to all the organizers, scientific committee, sponsor and all attendees for making the 3rd International Conference on Obesity and Chronic Diseases, a huge success. The event witnessed around 130 attendees from around the world and concluded in Los Angeles on July 25, 2018.

The three-day event gathered participation from 28 countries around the world, making ICOCD-2018 a global platform to share knowledge and discuss recent advancements in the field of obesity. We are proud to have been able to bring together the top researchers, academicians, innovators, and experts in the industry with an opportunity to interact and discuss the latest technologies and challenges in the field.

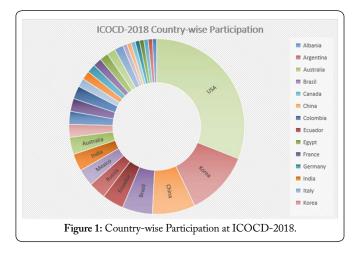
The moderator, Prof. Reza Hakkak (Chairman of ICOCD-2018), University of Arkansas for Medical Sciences (UAMS), AR, USA inaugurated the conference with a short speech followed by his keynote presentation. The keynote session then continued with the lectures by Dr. Edita Stokic, University of Novi Sad, Serbia and Dr. Ishwarlal Jialal, California Northstate University, AR, USA. A special lecture by a well-renowned nutritionist and best-selling author Dr. Joel Fuhurman who spoke on "Advances in Nutritional Science to Slow Aging, Prevent Cancer and Dementia and Enhance Longevity" led to many discussions. The day continued to discuss on "Childhood Obesity Treatment and Prevention" through 7 potential speakers who shared their knowledge and views on various treatment options and prevention methods to the world spreading chronic illness among children. The day concluded with poster presentations by 40 young researchers and students. Based on scientific merits, coherence, Awareness of previous work, attractiveness, self-explanatory, text visuals, and overall impression; the posters presented were judged for Best Student Poster Award. We again extend our heartiest congratulations to Ms. Melisa Eliana Kozaczek from the University of Arkansas - Poultry Science Department, AR, USA and Dr. Thiago De Bortoli Nogueira from Federal University of San Paulo, Brazil for securing first and second position respectively.

The second day of the summit started with the keynote lecture by **Dr. Michael Clearfield** from Touro University College of Osteopathic Medicine, CA, USA. The keynote session proceeded with a talk by **Dr. Joel Fuhrman**, President. Nutritional Research Foundation, NJ, USA; **Dr. Erik Dutson** from the University of California, Los Angeles, CA, USA and **Dr. Andrea M P Romani** from Case Western Reserve University, OH, USA. After the keynote talks, there were major discussions on "Chronic diseases linked with obesity", "Genetic Link of Obesity", "Effect of obesity on Digestive and Kidney Diseases, Cardiac Issues, Diabetes and Cancer". ICOCD-2018 had many interesting presentations which are educational and inspiring; the emerging researcher's forum provided ample opportunities for the budding researchers to interact with leading scientists.

The last day of obesity focused specifically on Obesity Treatment and

Hakkak. 55

Prevention. The lectures went on with vivid discussions and interactions among delegates finding a potential cure for obesity. The talk on the low-carb diet by **Prof. Udo Rabast**, German Academy of Nutritional Medicine, Germany provided many insights about the possible treatment options of Obesity.



The conference provided an exciting opportunity to showcase the new technologies, the new products in the field of anti-obesity and the service of the industry to the global audience. We would like to show our gratitude towards **Erchonia Inc.**, **USA** for supporting us.

Throughout the course of this three-day event, the attendees got an exclusive opportunity to network and get involved in inspiring and interesting discussions of scientists and researchers on childhood obesity, obesity prevention and control, obesity effect on chronic diseases, new trends in the surgical and non-surgical treatment of obesity and many more research topics. The conference had its major audience from the USA followed by the participation from Korea, China, Brazil, Ecuador and other countries.

We would like to heartily invite you to our upcoming 4th International Conference on Obesity and Chronic Diseases scheduled for July 01-03, 2018, in San Francisco, CA, USA. We believe that your extended support and presence would help us mark another milestone to this annual event.

The proceeding of the conference will be published in the Journal of on Obesity and Chronic Diseases (JOCD).